PURPOSE: To explain the qualifications, commitment requirements, and training needed to become a volunteer Peer Health Educator.

POLICY: The Peer Health Education student organization is dedicated to educating fellow peers and the KU community on a variety of health and wellness topics. Through presentations, peer involvement, and awareness events, the goal is to increase personal responsibility, establish life-long healthy habits, and help ensure the health and well-being of KU students. Peer Health Education is a registered student organization through the Student Involvement and Leadership Center and, therefore, is open to all interested students on a volunteer basis.

PROCEDURE:
The following information outlines the qualifications, commitment requirements, and training needed to become a volunteer Peer Health Educator.

1. A volunteer must complete HE-110-1 Volunteer Application and submit to Peer Health Education Coordinator.
   1.1. If chosen as a volunteer, a student must also complete HR-039-1 Volunteer Agreement and HR-039-2 HIPAA Quiz as well as given HR-039-3 Privacy of Health Information. The Peer Health Education Coordinator will complete HE-201-1 PHE Volunteer Checklist to ensure each volunteer has completed all requirements.

2. Qualifications
   2.1. Must demonstrate a commitment to health and wellness and apply these concepts to own personal wellness habits.
   2.2. Leadership experience.
   2.3. Good communication skills and the ability to speak to large audiences.
   2.4. Awareness of cultural diversity.

3. Commitment Requirements
   3.1. Participation in training.
   3.2. Volunteer at least 2 hours per week.
   3.3. Give 2 or more presentations per semester.
   3.4. Help plan and participate in at least one campus-wide event per semester.
4. Training

4.1. Training guidelines for Peer Health Educators are provided by The BACCHUS Initiatives of NASPA ([http://www.naspa.org/constituent-groups/groups/bacchus-initiatives](http://www.naspa.org/constituent-groups/groups/bacchus-initiatives))

4.2. The Peer Health Education Coordinator is responsible for reviewing the training materials, coordinating training dates, and presenting the information. The Peer Health Education Supervisor will be present at the training and will act as a resource for the Peer Health Education Coordinator.

4.3. All Peer Health Educators must go through training that covers the basic knowledge of health issues, presentation skills, communication skills, listening skills, referral skills, HIPAA, and how to be an effective role model and educator.

4.3.1. Within the training, resources will be provided that include information about a variety of health and wellness information, tips for effective presentations, list of campus and community resources, and resources that may be utilized in the research and development of health education presentations and programs.

4.4. Periodically there may be opportunities for continuing education on specific or emerging health and wellness concerns. These opportunities will take place during meetings and/or during regular office hours that is most convenient for a majority of the volunteer Peer Health Educators to attend.

REFERENCE:
HE-110-1 Volunteer Application
HE-201-1 PHE Volunteer Checklist
HR-039-1 Volunteer Agreement
HR-039-2 HIPAA Quiz
HR-039-3 Privacy of Health Information
This document is on file with the KU Policy Library.